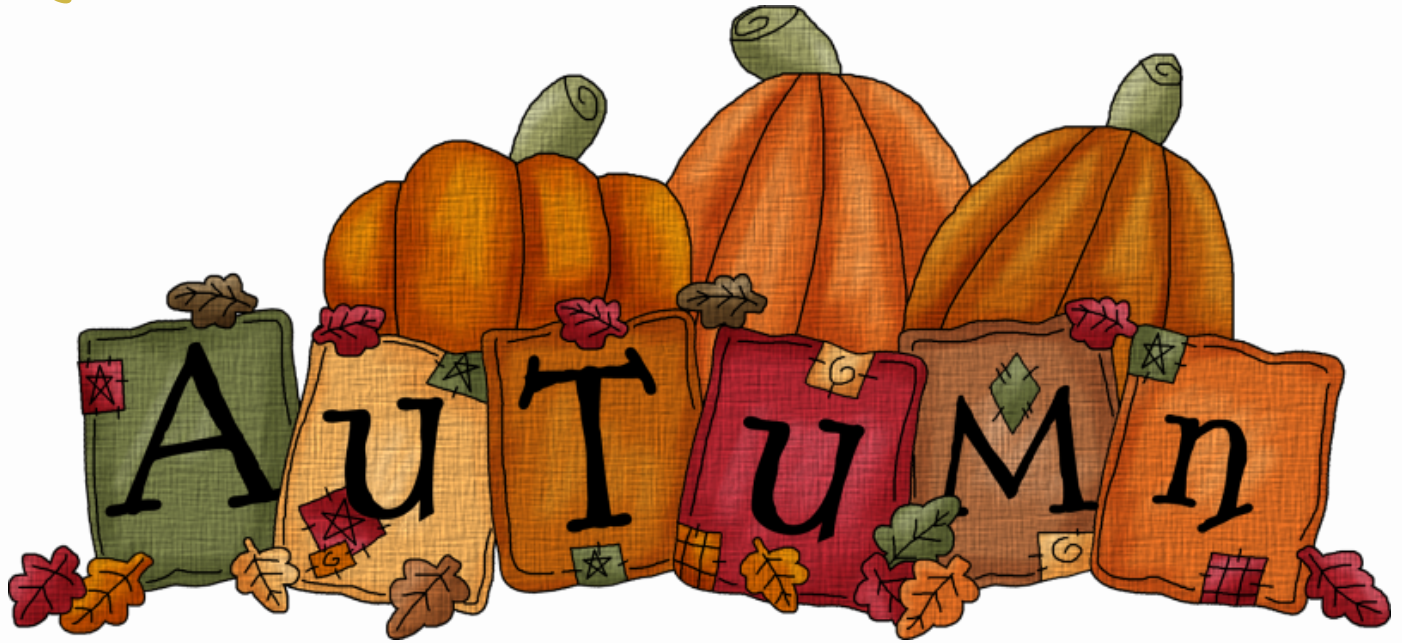


# WELCOME

TO GRAND OAKS HOSA'S NOVEMBER GENERAL MEETING



## Re-Cap of Events

*October:*

### **Halloween Party**

Thank you to all those that came out to our Halloween Party! We hope you enjoyed the food, games and obviously the infamous Haunted House! And another special thank you to those that assisted us in clean-up and set-up! We are especially grateful for your help. *If you'd like to see fun pictures and videos from this event be sure to check out our Instagram [@grandoakshosa](https://www.instagram.com/grandoakshosa).*

### **Trunk-or-Treat**

To everyone that participated in the trunk-or-treat event, thank you for coming out and volunteering. The event ran smoothly thanks to your involvement!

## LOOKING AHEAD:

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*Annual Blood Drive*

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*Competition and Testing*

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*Community Service*

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*Our Next Meeting - **December 8th***

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# Community Service

*November - December*



## Heart Walk

Grand Oaks HOSA will be participating in a heart walk to raise awareness for heart disease and stroke. We will be helping out with water handouts, expositions, and route support! If you are interested in signing up, please see a health science teacher! Here are more details:

- Saturday, November 6th
- Northshore Park -
  - 2505 Lake Woodlands Dr.
  - The Woodlands, TX 77380
  - 7:15am-11am (4 hours of community service)
- **There are only 20 spots available so sign up quick!**

## Blood Drive

We are hosting our annual blood drive and for participation you can receive **2 hours** of community service!

## Toys for Tots

Almost every year, Grand Oaks HOSA participates in a toy drive called toys for tots. This event is a great way to give back to those in need among our community, specifically children! To participate, donate children's toys to the donation boxes in a health science teacher's room! More details:

- Donations taken from November 29th - December 8th
- 1 hour of community service per toy (max of 3 toys)
- When you drop off toys YOU MUST sign your name on a form to get the credit

Our Next Meeting is on December 8th!

This will be during our December General Meeting and our Holiday Party! Be prepared for games and more fun!

## Competition and Testing

To all those in competition whose events require online testing, your day is approaching soon! Online testing will be held November 30th through December 2nd. You do have the ability to choose your date and time, but it must be between 8:00 am - 5:00 pm. So please plan accordingly. Additionally, if you are in a group, you all must take the test on the same day and all begin the test no more than 1 hour from each other! Lastly, user names and passwords to access the test will be provided by an advisor and/or emailed to you. Please make sure you have provided your email address to a HOSA advisor ASAP. Provide an email address you actually check on a regular basis.

## Blood Drive

Blood drive sign-ups ended last week on Friday. With that being said here are some reminders to those participating:

- Eat a good breakfast and be sure to hydrate. Not just on the day of but also in days before.
- Bring some form of ID!
  - Drivers license, student ID etc.
- You are not permitted to walk yourself down to the blood-drive. A HOSA officer will pick you up!
- If your appointment time is during a passing period, go to your next class or possibly your grizzly den.



## KEEP IN TOUCH WITH US!



**INSTAGRAM:** @grandoakshosa



**REMINDE:** text @grandhosa1 to 81010



**ONLINE:** www.gohosa.com

**HAVE A GREAT FALL SEASON!**